

COSHH Assessment

No Nonsense White Spirit

ORGANISATION	VERSION	ISSUED	ASSESSMENT NO.
Example Contracts Ltd	v1	29 July 2026	35B27355

Substance identity

SUPPLIER

Screwfix Direct Ltd

PHYSICAL FORM

Liquid

SIGNAL WORD

Danger

Hazard statements

- H226 —
- H336 —
- H372 —
- H304 —
- H411 —
- EUH066 — Repeated exposure may cause skin dryness or cracking.

The task and workplace

TASK

Cleaning brushes and rollers after gloss painting

SITE

Not recorded

LOCATION

Not recorded

QUANTITY AND FREQUENCY OF USE

About two litres a day, most days

EXPOSURE ROUTES AND CONFIRMED COVERAGE

Inhalation — covered by: Clean brushes at the bench by an open window, never in a closed room, Keep the tin closed between dips and decant only what the job needs

Skin contact — covered by: Keep the tin closed between dips and decant only what the job needs, Nitrile gloves

PEOPLE AFFECTED

Two painters

ENVIRONMENT

Ground-floor flats, windows open

Workplace exposure limits

These limits are taken from the HSE EH40 workplace exposure limits list, matched automatically to the ingredients on the safety data sheet.

No ingredient in this substance was matched to a substance listed in HSE EH40 workplace exposure limits.

Controls

Administrative controls

- Clean brushes at the bench by an open window, never in a closed room
- Keep the tin closed between dips and decant only what the job needs

Personal protective equipment (PPE)

- Nitrile gloves
- safety glasses

Respiratory protective equipment (RPE)

RPE is not required for this task.

Emergency information

First aid

4.1. Description of first aid measures

First-aid measures general : Remove victim to uncontaminated area. Call a poison center or a doctor if you feel unwell.

First-aid measures after inhalation : Remove person to fresh air and keep comfortable for breathing. If breathing is difficult,

remove victim to fresh air and keep at rest in a position comfortable for breathing. Move the affected person away from the contaminated area and into the fresh air. Get medical advice/attention. Give oxygen or artificial respiration if necessary.

First-aid measures after skin contact : After contact with skin, take off immediately all contaminated clothing, and wash

immediately with plenty of water. Wash with plenty of water/....

First-aid measures after eye contact : In case of contact with eyes, rinse immediately with plenty of water and seek medical

advice. Remove contact lenses, if present and easy to do. Continue rinsing.

First-aid measures after ingestion : Get immediate medical advice/attention. Do not induce vomiting. If vomiting occurs, the

head should be kept low so that vomit does not enter the lungs. Never give anything by mouth to an unconscious person. Keep at rest.

4.2. Most important s...

Fire

5.1. Extinguishing media

Suitable extinguishing media : dry chemical powder, alcohol-resistant foam, carbon dioxide (CO₂).

Unsuitable extinguishing media : Do not use a heavy water stream.

5.2. Special hazards arising from the substance or mixture

Fire hazard : The vapours are denser than air and may travel along the ground. Distance ignition possible. Flammable liquid and vapour.

Explosion hazard : Incomplete combustion releases dangerous carbon monoxide, carbon dioxide and other toxic gases. Hydrocarbons. Aldehydes. Soot. Gas may accumulate in confined areas.

Harmful if inhaled.

Hazardous decomposition products in case of fire : Toxic fumes may be released.

5.3. Advice for firefighters

Precautionary measures fire : Avoid breathing (dust, vapor, mist, gas).

Firefighting instructions : Cool laterally with water containers exposed to flames, even after the fire is extinguished.

Protection during firefighting : Wear fire/flammable resistant/retardant clothing. In confined space use

self-contained breathing

apparatus. Full face piece respirator.

Other information : Keep run-off water out of sewers and water sources. Containers close to fire should be removed or cooled with water.

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Spillage

6.1. Personal precautions, protective equipment and emergency procedures

General measures : Evacuate area.

6.1.1. For non-emergency personnel

Protective equipment : Keep unnecessary and unprotected personnel away from the spillage.

Emergency procedures : Land spill. Eliminate all ignition sources. Stop leak if safe to do so. Do not touch or walk on

the spilled product.

Measures in case of dust release : Not applicable.

6.1.2. For emergency responders

Protective equipment : Do not attempt to take action without suitable protective equipment. Wear recommended

personal protective equipment. For further information refer to section 8: "Exposure controls/personal protection".

Emergency procedures : For further information refer to section 8: "Exposure controls/personal protection".

More

detailed information: See section 11. For disposal of residues refer to section 13 : Disposal considerations" "

6.2. Environmental precautions

Avoid release to the environment. Very toxic to aquatic life with long lasting effects. Material insoluble in water. may spread in water systems. Do

not discharge into drains or the environment. Spillages or uncontrolled discharges into watercourses must be repor...

Storage and disposal

Handling and storage

7.1. Precautions for safe handling

Precautions for safe handling : Avoid contact with skin and eyes. Keep away from heat, hot surfaces, sparks, open flames

and other ignition sources. No smoking. Eliminate all ignition sources if safe to do so. Use explosion-proof equipment. Containers must be properly grounded before beginning transfer. Ground/bond container and receiving equipment. Use only non-sparking tools.

Take precautionary measures against static discharge. Flammable vapours may accumulate in the container. Wear personal protective equipment. Use only outdoors or in a well-ventilated area.

Handling temperature : 5 – 30 °C

Hygiene measures : Do not eat, drink or smoke when using this product. Always wash hands after handling the

product.

7.2. Conditions for safe storage, including any incompatibilities

Technical measures : Ground/bond container and receiving equipment.

Storage conditions : Store in a well-ventilated place. Keep cool. Keep container tightly closed. Store locked up.

Keep locked up and out of reach of children.

Incompatible products : Oxidizing agent.

Heat and ignition sources : Keep away from heat, hot surfaces, sparks, open flames and other ignition sources....

Disposal

13.1. Waste treatment methods

Automatic checks

Note — No EH40-listed ingredients identified

None of the recorded ingredients appear in the EH40 exposure limit table. That is recorded as checked, not skipped.

Citation: EH40/2005 Workplace exposure limits, Table 1

Advisory — Supplier classification worth checking

Hydrocarbons, C9-C12, n-alkanes, isoalkanes, cyclics, aromatics (2-25%) has mandatory GB classifications (H340, H350) that do not appear in the hazard statements on this data sheet. An ingredient classification does not always apply to the mixture, but it is worth checking the sheet is current and complete.

Citation: GB CLP Article 37 mandatory classification list (HSE)

4 automatic checks passed.

Sign-off

PREPARED, REVIEWED AND ISSUED BY

Dawn Kelly

One person acted as the responsible person for this assessment, preparing, reviewing and issuing it in a single recorded action.

ISSUE DATE

29 July 2026

REVIEW INTERVAL

Every 12 months

This assessment supports, and never replaces, the judgement of a competent person.